NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™

Family ECHO

What is Family ECHO?

Family ECHO uses ZOOM technology to connect you with a team of interdisciplinary experts for presentation and discussion on topics related to improving and managing behaviors, self care, family supports and resources. This unique format allows you to learn from home during this unique time. Families and caregivers are encouraged to sign up for sessions early as space is limited.

Who can participate?

Parents and Caregivers of children with developmental disabilities including autism.

Project ECHO®
AUTISM SPEAKS ATN | AIR-P

How Family ECHO works:

Family ECHO meets virtually on a weekly basis (see schedule below) to learn in real time from subject matter experts. Participants have a chance to learn about topics related to children with developmental disabilities including autism. Participants will learn in real-time from subject matter experts and learn about best practices.

Family ECHO April Sessions and Date

Session	Date	Topic
1	April 16th Thursday, 4:00pm	**Family and Community Resources:** Learn about new resources and ideas available to families during the pandemic
2	April 20th Monday, Noon	**Family Support:** Anxiety - This session will focus on how to understand and manage the fears and anxiety that children with developmental differences and their families often face including fears related to COVID-19
3	April 23rd Thursday, 4:00pm	**Behavior Management:** Reinforcement - Learn how to use principles of reinforcement to increase positive, appropriate behaviors
4	April 27th Monday, Noon	**Behavior Management:** Self-Monitoring - Increase independence and decrease the need for adult supervision
5	April 30th Thursday, 4:00pm	**Behavior Management:** Smooth Sailing – Preventing Disruptive Behavior

What to expect during ECHO session

- Register and participate in a **60 minute session** using Zoom
- Attend sessions on **registered dates and times**
- Engage in interactive discussion
- Complete survey at the end of sessions to help inform the series

How to Register:

Please use the following link to register:

https://is.gd/NCH_Family_ECHO

Space is limited!